05/2026

环球通讯
GLOBAL EXPRESS



Shepherd’s Corner

Living Out the Life of a Full Disciple

Presently, the church faces a challenge that is increasingly evident and yet inadequately addressed to date——viz., Are we truly preparing believers to live out consistent and integrated lives of discipleship amid the realities of the Monday-to-Friday workplace? While many Christians have long received spiritual formation within the church, they still lack the theological framework and reflective capacity needed to translate their faith into workplace practice. As a result, their lives often take on a kind of watertight compartmentalization — spiritually devoted and clear on Sundays, yet hazy or even compromised during the workweek.

The new book **“**Monday Disciples: Training Disciples as Salt and Light in the Workplace**”** emerges as a timely response within this tension. It calls readers back to a fundamental question: **“**Is the gospel sufficient to embrace the whole of life, including the most concrete, complex and tension-loaded arena of work?**”**

This book helps believers recognize the necessity and urgency for a theology of work, and goes on to prompt deeper theological reflection——Are our understandings of **“**calling**”**, **“**mission**”** and **“**achievement**”** truly rooted in biblical revelation,or have they since been reshaped by secular narratives?

The author also engages a range of real and complex issues,such as the redefinition of competition, relational ethics, moral decision-making under institutional pressure,plus success,authority and witness at the workplace.

These reflections remind us that disciple training is never merely a matter of spiritual practice at the devotional level; it also involves ethical judgment, ordering of values, and practical wisdom in action. In particular, I encourage readers not to stop at asking, **“**What should I do?**”** but to include questions such as, “Why am I doing this?” and “How does this decision reflect my understanding of God, humanity and the world?”.

This book provides a solid starting point for believers at large, as it extends an invitation to consciously cultivate a holistic theological vision of work, culture and mission within churches,seminaries and various learning communities. Only then can we stay faithful to the Truth while equipped with the capacity to respond adequately to an ever-changing context at the same time.

This is not a mere portrayal of a set of workable methods,but a vision of an integrated life — a person renewed in Christ, whose work becomes worship, vocation becomes an altar, and daily life becomes a testimony. Herein lies the ultimate purpose of theology——not the piling up of knowledge, but the formation of life itself.

May “Monday Disciples” become a shared resource among church small groups, workplace fellowships and theological training programs. May every reader move beyond mere inspiration or agreement, but be stirred towards deeper learning and equipping. As more believers are renewed in mind, grounded in conviction and sent out in faithful practice, the workplace will no longer be merely a place of livelihood, but a vital arena for the manifestation of God’s Kingdom instead. May the Lord Himself guide His people to live out a discipleship that is both authentic and deeply rooted in this generation.

(Excerpt from Forward to “Monday Disciples” by Dr. Jean Lee, Principal, Canadian Chinese School of Theology, Toronto)

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Accumulated Hit Rate

Jan-Apr	153,581

Financial Report

Jan-Feb 2026 (SGD)		
Income	$	22,162
Expenses	$	19,802
Surplus	$	2,360

Mar 2026 (SGD)		
Income	$	20,508
Expenses	$	13,953
Surplus	$	6,555

Apr 2026 (SGD)		
Income	$	4,607
Expenses	$	18,034
Deficit	$	-13,427

*Data includes operations and project development funds and expenditure.

Audience Feedback

Overcoming the Storm, Winning in the Workplace

What is being witnessed here is a meaningful collection of real workplace experiences and genuine insights born out of life itself. Brother Tham's sharing has deeply encouraged me and reminded me that living out God's calling in the workplace is not only possible for Christians, but also a deeply blessed journey.

(Sis.Xiao, 1/5/2026, Singapore)

Applying Word@Work

Grounded in truth and rich in practical application, this is especially suitable material for devotional discussions in workplace fellowship groups. It would be even better if a new episode could be released daily — the perfect activity to enjoy and reflect on along the daily commute to work.

(Bro. An, 1/5/2026, Singapore)

Self-help Psychology Online course

1. The course has helped me develop a deeper self-awareness. In particular, the instructor's emphasis on capturing the impromptu thoughts has taught me how to stay vigilant against subjective interpretations. These days, I often remind myself to be careful and avoid criticising others from the wrong perspective.

(Sis. Zhong)

2. I am now in a better position to shift my perspective gained by learning to clarify and optimise the psychological logic processing at the back of my mind on the subject at stake. And such "enhanced" mindset and inner state of mind have uplifted my efficiency in work to attain new levels— as a matter of course!

(Sis. Huang)

3. For me, the greatest transformation came when I broke free from a "victim mentality" and learned to respond proactively. I started to manage my emotions consciously, refusing to let my decisions be driven by impulse at the expense of rational judgment.

(Sis. Wang)

New Courses

Secrets to a Thriving Marriage: Online Course

Time: Jun 3 – Jul 23, 2026, every Wednesday evening
8:30–10:00 PM (Singapore time)

Want to move beyond "in-fighting" in your relationship? Of course, every happy marriage has its own "prescriptions"!

This course is led by senior counsellor Ms. Yuan Fong Choo. With topics ranging from "a fulfilling marriage calls for management" right down to identifying "toxic patterns in marriage," she guides participants step by step to recognize often-overlooked issues in married life, and to gain a clearer understanding of one's own immature views of what marriage is about.

The programme includes bite-size snippets "Six One-Minute Habits for Couples" that further breaks love down into simple, daily practices—helping couples reduce emotional drain and improve understanding, lessening conflict and bringing more warmth into the relationship.

We encourage believers to register for the course and to recommend it to non-believing friends amongst them, so as to embark on a journey of growth and build a healthy, thriving marriage together.

Scan the QR code to register—



Home Matters & Intercession

1 GR Oikonomia Briefing Sessions

GLOBAL REACHOUT (GR) launched the "Disciple Steward Network" (GR Oikonomia) this Easter—— a platform that connects churches and organizations to jointly advance discipleship training.

1) On April 30, 40 representatives from churches and organizations across Singapore, Malaysia, China, Japan, Australia and the United States attended this dedicated "Church Briefing Session", where the vison and related resources of the "Disciple Life Chian" were shared together.

2) On May 10, GR partnered with its first signed partner, "Neighbourhood Times", co-organized the seminar "Working Mothers---The Journey to Balanced Growth" cum "Counselors' Briefing Session". The event attarcted 45 counselors and brothers and sisters from Singapore, China, Japan and Australia for fellowship and exchange.

3) On May 13, the "CIU Brieifng Session" dedicated to the Counseling Department of the Chinese Division of Columbia International University (CIU) was successfully conducted, opening a pathway for graduates to serve society professionally through the "Disciple Life Chain".

4) On May 28 (Thursday), from 8:00–9:30 pm Singapore time, we will be holding an evening "Public Briefing Session" open to all brothers and sisters in Christ. We warmly invite fellow believers, pastors, church leaders, entrepreneurs, organization representatives, workplace christians and counsellors to attend. In this session, you will discover:

a) The heavenly vision and practical pathways for churches and organizations to collaborate in discipleship training;
b) A live demonstration of the platform's features;
c) Course usage methods that are suitable for individuals, organizations, and churches
d) The "discipleship pathway" and ways to participate



Please submit the registration form to confirm your attendance as soon as possible via
https://forms.office.com/r/DDtRWWPeq2
Alternatively, you may contact us at: Oikonomia@global-reachout.org

2 Toronto "Workplace Mission Discipleship Conference"

Date: May 27–29, 2026 Venue: Wanmin Christian Church (Toronto, Canada)
Language: Primarily Mandarin, with Cantonese and English translations provided
For more details, visit：WWW.WAMSA.ORG

In an era where AI is rapidly reshaping the global workplace, how can Christians live out their calling in their work and become influential leaders? The "Workplace Mission Discipleship Conference," jointly organized by CCCOWE and WAMSA, will be held in Toronto under the theme: "Kingdom Mission: Transforming the Workplace for Christ in the Age of AI."

The conference brings together 45 speakers from around the world in the fields of workplace ministry and theology, equipping believers through topics such as theology of work, AI and ethics, leadership, business as mission, and cultural renewal.

Participants will be encouraged to view the workplace as a field for both worship and mission. We warmly invite you to join church leaders, young working adults, and professionals in this significant movement through which God is renewing our age through the marketplace.

New Programmes

21/5/2026 (Tue and Thu)

Free Yourself from Mental Shackles

The blind spot in human relationships often lies in forgetting to build a good relationship with oneself. The speaker Dr. Li is a senior clinical psychologist, psychiatrist and seminary lecturer with more than 20 years of experience in psychological counselling under his belt. Using Bible narratives and real-life case studies, he explores how we can develop self-awareness in interpersonal relationships, tune our inner "frequency," and live a more empowered life grounded in truth.



24/6/2026 (Wed)

Monday Disciples

Dr. Michelle Liew, draws from biblical truth and her extensive practical experience to propose a holistic framework for workplace discipleship training that addresses the serious "sacred–secular divide" between worship and daily work among believers. This framework guides working Christians to reshape their identity by integrating the threefold anointing of prophet, priest and king, empowering them to live as salt and light in the workplace and thereby renew workplace culture.



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